

# Date Valley School Trust

Company number: 06845508 Registered Charity number: 1136298  
Mitcham Court, Cricket Green, Mitcham CR4 4LB  
Telephone: 0208 648 4647 · Tel: 07788557007 Email: chairperson@dvst.org.uk



Asaalaamu alaikum,

Dear Date Valley Parents,

## **Regular rapid testing is now available for parents (with children at nursery or school), their households and bubbles.**

- Regular rapid testing is a fast and easy way to find out if you have Covid-19 and help protect your loved ones and community
- It's free and takes around 30 minutes

## **Why introduce regular rapid testing?**

- Up to 1 in 3 people who have Covid-19 have no symptoms and could be spreading it without knowing
- Regular testing for people without symptoms is already taking place across the country
- Thousands of people who didn't know they had the virus have been able to take action to stop the spread of the disease
- As lockdown restrictions ease, getting into the regular habit of twice weekly testing will play an important role in getting back to normal; alongside the vaccine, following the hands, face, space guidance, and social distancing measures

## **Where can you get tested?**

If you are a parent or adult of a household, childcare or support bubble you can either:

- Get an assisted test at work if it is available
- Attend a test site to get tested (where you will be able to see how to take the test) or pick up tests to do at home
- Order a test online to do at home
- Testing should take place twice a week, every three – five days, ideally in the morning

To find out how to get a free rapid Covid-19 test visit:

<https://www.gov.uk/guidance/rapid-lateral-flow-testing-for-households-and-bubbles-of-school-pupils-and-staff>

<https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests>

Jazakumullahu Khayrun

Date Valley School

*'At Date Valley we are respectful, reflective and resilient learners'*