

## Date Valley School PSHE Curriculum Map

Content taken from [PSHE Association Programme of Study](#)

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Y1</b>	<b>RELATIONSHIPS – TEAM</b> <ul style="list-style-type: none"> <li>TOGETHER EVERYONE ACHIEVES MORE</li> <li>LISTENING</li> <li>BEING KIND</li> <li>BULLYING &amp; TEASING</li> <li>BRILLIANT BRAINS</li> <li>MAKING GOOD CHOICES</li> </ul>	<b>HEALTH &amp; WELLBEING - AIMING HIGH</b> <ul style="list-style-type: none"> <li>STAR QUALITIES</li> <li>POSITIVE LEARNERS</li> <li>BRIGHT FUTURES</li> <li>JOBS FOR ALL</li> <li>GOING FOR GOALS</li> <li>LOOKING FORWARD</li> </ul>	<b>RELATIONSHIPS – BE YOURSELF</b> <ul style="list-style-type: none"> <li>MARVELLOUS ME</li> <li>FEELINGS</li> <li>THINGS I LIKE</li> <li>UNCOMFORTABLE FEELINGS</li> <li>CHANGES</li> <li>SPEAK UP!</li> </ul>	<b>LIVING IN THE WIDER WORLD - R.E. FOCUS</b> <ul style="list-style-type: none"> <li>RELIGIONS &amp; RITUALS</li> <li>PLACES OF WORSHIP</li> <li>GIFTS &amp; GIVING</li> </ul>	<b>HEALTH &amp; WELLBEING – IT’S MY BODY</b> <ul style="list-style-type: none"> <li>MY BODY, MY BUSINESS</li> <li>ACTIVE AND ASLEEP</li> <li>HAPPY HEALTHY FOOD</li> <li>CLEAN AS A WHISTLE</li> <li>CAN I EAT IT?</li> <li>I CAN CHOOSE</li> </ul>	<b>LIVING IN THE WIDER WORLD - MONEY MATTERS</b> <ul style="list-style-type: none"> <li>MONEY</li> <li>KEEP IT SAFE</li> <li>SAVE OR SPEND?</li> <li>WANT OR NEED?</li> <li>LOOK AFTER IT</li> <li>GOING SHOPPING</li> </ul>

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Y2</b>	<b>RELATIONSHIPS – VIPS</b> <ul style="list-style-type: none"> <li>WHO ARE YOUR VIPS?</li> <li>FAMILIES</li> <li>FRIENDS</li> <li>FALLING OUT</li> <li>WORKING TOGETHER</li> <li>SHOWING YOU CARE</li> </ul>	<b>HEALTH &amp; WELLBEING – THINK POSITIVE</b> <ul style="list-style-type: none"> <li>THINK HAPPY, FEEL HAPPY!</li> <li>IT’S YOUR CHOICE</li> <li>GO-GETTERS</li> <li>LET IT OUT</li> <li>BE THANKFUL</li> <li>BE MINDFUL</li> </ul>	<b>LIVING IN THE WIDER WORLD - RESPECTING OTHERS</b> <ul style="list-style-type: none"> <li>RIGHTS</li> <li>PROTECTING OUR RIGHTS</li> <li>RESPECTING OTHERS</li> <li>EVERYBODY’S DIFFERENT</li> <li>IS IT FAIR?</li> <li>TAKING PART</li> </ul>	<b>LIVING IN THE WIDER WORLD - R.E. FOCUS</b> <ul style="list-style-type: none"> <li>PLACES OF WORSHIP</li> <li>CEREMONIES</li> </ul>	<b>LIVING IN THE WIDER WORLD – ONE WORLD</b> <ul style="list-style-type: none"> <li>FAMILIES</li> <li>HOMES</li> <li>SCHOOLS</li> <li>ENVIRONMENTS</li> <li>RESOURCES</li> <li>PLANET PROTECTORS</li> </ul>	<b>HEALTH &amp; WELLBEING – SAFETY FIRST</b> <ul style="list-style-type: none"> <li>KEEPING SAFE</li> <li>STAYING SAFE AT HOME</li> <li>STAYING SAFE OUTSIDE</li> <li>STAYING SAFE ONLINE</li> <li>THE UNDERWEAR RULE</li> <li>PEOPLE WHO CAN HELP</li> </ul>

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Y3	<b>RELATIONSHIPS - TEAM</b> <ul style="list-style-type: none"> <li>• A NEW START</li> <li>• TOGETHER EVERYONE ACHIEVES MORE</li> <li>• WORKING TOGETHER</li> <li>• BEING CONSIDERATE</li> <li>• WHEN THINGS GO WRONG</li> <li>• RESPONSIBILITIES</li> </ul>	<b>HEALTH &amp; WELLBEING - AIMING HIGH</b> <ul style="list-style-type: none"> <li>• ACHIEVEMENTS</li> <li>• GOALS</li> <li>• ALWAYS LEARNING</li> <li>• JOBS &amp; SKILLS</li> <li>• NO LIMIT!</li> <li>• WHEN I GROW UP</li> </ul>	<b>RELATIONSHIPS – BE YOURSELF</b> <ul style="list-style-type: none"> <li>• PRIDE</li> <li>• FEELINGS</li> <li>• EXPRESS YOURSELF</li> <li>• KNOW YOUR MIND</li> <li>• MEDIA-WISE</li> <li>• MAKING IT RIGHT</li> </ul>	<b>LIVING IN THE WIDER WORLD - R.E. FOCUS</b> <ul style="list-style-type: none"> <li>• JUDAISM</li> <li>• SIKHISM</li> </ul>	<b>LIVING IN THE WIDER WORLD – BRITAIN</b> <ul style="list-style-type: none"> <li>• LIVING IN BRITAIN</li> <li>• DEMOCRACY</li> <li>• RULES, LAWS &amp; RESPONSIBILITIES</li> <li>• LIBERTY</li> <li>• TOLERANCE &amp; RESPECT</li> <li>• WHAT DOES IT MEAN TO BE BRITISH?</li> </ul>	<b>LIVING IN THE WIDER WORLD - MONEY MATTERS</b> <ul style="list-style-type: none"> <li>• WHERE DOES MONEY COME FROM?</li> <li>• WAYS TO PAY</li> <li>• LENDING &amp; BORROWING</li> <li>• PRIORITIES</li> <li>• ADVERTISING</li> <li>• KEEPING TRACK</li> </ul>
Y4	<b>RELATIONSHIPS – VIPS</b> <ul style="list-style-type: none"> <li>• MAKING FRIENDS</li> <li>• STAYING FRIENDS</li> <li>• IS THIS A GOOD FRIEND?</li> <li>• FALLING OUT</li> <li>• BULLYING</li> <li>• ANTI-BULLYING</li> </ul>	<b>HEALTH &amp; WELLBEING – THINK POSITIVE</b> <ul style="list-style-type: none"> <li>• HAPPY MINDS, HAPPY PEOPLE!</li> <li>• THOUGHTS &amp; FEELINGS</li> <li>• CHANGES</li> <li>• KEEP CALM &amp; RELAX!</li> <li>• YOU'RE THE BOSS</li> <li>• ALWAYS LEARNING</li> </ul>	<b>LIVING IN THE WIDER WORLD - RESPECTING OTHERS</b> <ul style="list-style-type: none"> <li>• RIGHTS</li> <li>• ARE ALL RIGHTS EQUAL?</li> <li>• RULES</li> </ul>	<b>LIVING IN THE WIDER WORLD - R.E. FOCUS</b> <ul style="list-style-type: none"> <li>• PEOPLE OF FAITH</li> <li>• FOOD &amp; FASTING</li> <li>• PILGRIMAGES</li> </ul>	<b>LIVING IN THE WIDER WORLD – ONE WORLD</b> <ul style="list-style-type: none"> <li>• CHIWA &amp; KWENDE</li> <li>• CHIWA'S DILEMMA</li> <li>• CHIWA'S SUGAR</li> <li>• CHIWA'S WORLD</li> </ul>	<b>HEALTH &amp; WELLBEING – SAFETY FIRST</b> <ul style="list-style-type: none"> <li>• NEW RESPONSIBILITIES</li> <li>• RISKS, HAZARDS AND DANGERS</li> <li>• UNDER PRESSURE</li> <li>• ROAD SAFETY</li> <li>• DANGEROUS SUBSTANCES</li> <li>• STAYING SAFE ONLINE</li> </ul>

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Y5	<b>RELATIONSHIPS – TEAM</b> <ul style="list-style-type: none"> <li>TOGETHER EVERYONE ACHIEVES MORE</li> <li>COMMUNICATE</li> <li>COLLABORATE</li> <li>COMPROMISE</li> <li>CARE</li> <li>SHARED RESPONSIBILITIES</li> </ul>	<b>HEALTH &amp; WELLBEING - AIMING HIGH</b> <ul style="list-style-type: none"> <li>YOU CAN DO ANYTHING</li> <li>BREAKING DOWN BARRIERS</li> <li>FUTURE FOCUS</li> <li>EQUAL OPPORTUNITIES</li> <li>INNOVATION &amp; ENTERPRISE</li> <li>ONWARDS &amp; UPWARDS</li> </ul>	<b>RELATIONSHIPS – BE YOURSELF</b> <ul style="list-style-type: none"> <li>YOU ARE UNIQUE</li> <li>LET IT OUT!</li> <li>UNCOMFORTABLE FEELINGS</li> <li>THE CONFIDENCE TRICK</li> <li>DO THE RIGHT THING</li> <li>MAKING AMENDS</li> </ul>	<b>LIVING IN THE WIDER WORLD - R.E. FOCUS</b> <ul style="list-style-type: none"> <li>FORGIVENESS</li> <li>PEACE</li> <li>COMPARING RELIGIONS</li> </ul>	<b>LIVING IN THE WIDER WORLD - MONEY MATTERS</b> <ul style="list-style-type: none"> <li>LOOK AFTER IT!</li> <li>CRITICAL CONSUMERS</li> <li>VALUE FOR MONEY</li> <li>BUDGETING</li> <li>BORROWING &amp; SAVING</li> <li>MONEY IN THE WIDER WORLD</li> </ul>	<b>LIVING IN THE WIDER WORLD – BRITAIN</b> <ul style="list-style-type: none"> <li>IDENTITIES</li> <li>COMMUNITIES</li> <li>RESPECTING THE LAW</li> <li>LOCAL GOVERNMENT</li> <li>NATIONAL GOVERNMENT</li> <li>MAKING A DIFFERENCE</li> </ul>
Y6	<b>RELATIONSHIPS – VIPS</b> <ul style="list-style-type: none"> <li>FAMILIES &amp; FRIENDS</li> <li>THINK BEFORE YOU ACT</li> <li>IT’S OK TO DISAGREE</li> <li>YOU DECIDE</li> <li>SECRETS</li> <li>FALSE FRIENDS</li> </ul>	<b>HEALTH &amp; WELLBEING – THINK POSITIVE</b> <ul style="list-style-type: none"> <li>THE COGNITIVE TRIANGLE</li> <li>THOUGHTS ARE NOT FACTS</li> <li>FACING YOUR FEELINGS</li> <li>CHOICES &amp; CONSEQUENCES</li> <li>BEING PRESENT</li> <li>YES I CAN!</li> </ul>	<b>LIVING IN THE WIDER WORLD - RESPECTING OTHERS</b> <ul style="list-style-type: none"> <li>KNOW YOUR RIGHTS</li> <li>DO HUMAN RIGHTS APPLY TO EVERYONE?</li> <li>ARE EVERYONE’S RIGHTS MET?</li> <li>ARE YOU RIGHTS-RESPECTING?</li> <li>DO HUMAN RIGHTS CHANGE?</li> <li>HUMAN RIGHTS HEROES</li> </ul>	<b>LIVING IN THE WIDER WORLD - R.E. FOCUS</b> <ul style="list-style-type: none"> <li>JUSTICE &amp; FREEDOM</li> <li>CHRISTIANITY</li> <li>JESUS THE HEALER</li> <li>JUDAISM</li> </ul>	<b>HEALTH &amp; WELLBEING – SAFETY FIRST</b> <ul style="list-style-type: none"> <li>YOU ARE RESPONSIBLE</li> <li>WHAT ARE THE RISKS?</li> <li>MAKING YOUR MIND UP</li> <li>IN AN EMERGENCY</li> <li>KEEPING IT SAFE</li> <li>CLICK SAFE, CLICK HAPPY</li> </ul>	<b>LIVING IN THE WIDER WORLD – ONE WORLD</b> <ul style="list-style-type: none"> <li>GLOBAL CITIZENS</li> <li>GLOBAL WARMING</li> <li>ENERGY</li> <li>WATER</li> <li>BIODIVERSITY</li> <li>IN OUR HANDS</li> </ul> <b>TARBIYAH PROGRAM</b> <ul style="list-style-type: none"> <li>GROWING UP</li> <li>BODY CHANGES</li> <li>RELATIONSHIPS</li> <li>FAMILIES</li> </ul>